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15 EASTER GAMES

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Bunny Ear Ring Toss Relay

Bible: "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:2 (ESV)

Object: The object of this game is for the students to realize how easy it is to become distracted with Easter activities and lose sight over why we celebrate Easter.

Supplies

- One Headband with bunny ears per team
- 3 Soft Rings or plastic glow-in-the-dark necklaces (to make a ring) per team
- Peeps for the winning team
- Masking Tape
- 1 necklace of a cross per team (This can be a necklace with a cross or a picture of a cross taped onto a necklace.)

Preparation

Tape down a starting point for each team and a focus point on the other side of the room where you want them to hop to for the relay

Rings should be put together before the game starts

How to Play the Game

Explain to students that they will be divided into two teams and that they will have to stand behind the starting point. The first person in the line must wear the bunny ears and the cross necklace and hop down to the focus point. Then they need to turn around and stop. The next person in line must throw the rings to try to get the rings over one or both ears. The player must continue to try until all three rings are on the bunny ears. Then after all the rings are on the bunny ears, the person wearing the bunny ears needs to hop back to the starting line. The next person in the line will then put on the bunny ears and cross necklace and hop down to the focus point and the process will continue.

Instruct students to continue until everyone has had a chance to do both the throwing of the rings and wearing the bunny ears. After each team has completed the game they need to sit down. The first group that sits down wins!

After the game, say:

The Bible says, "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." [Romans 12:2 (ESV)]

So often, we get distracted by the things of this world that we forget the reason why we celebrate Easter. We celebrate Easter to celebrate the resurrection of Christ. He defeated sin and death forever. It's sad to say, but with the Easter bunny and candy, Christ gets the backburner because this world focuses on things that are temporary. But God has called us to focus on what's eternal. Jesus dying on the cross for our sins and resurrecting means that sin and death no longer have a grip on all those that love Him. We are free forever because of His amazing sacrifice and His amazing love for us.

Bunny Hop Drop

Bible: "A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another." John 13:34 (ESV)

Object: The object for this game is for the kids to have fun in fellowship!

Supplies

- Print out multiple numbers of 1-5 and tape them to the floor in a circle
- Candy for each student as a prize
- Music

Preparation

Tape down each number to the floor forming a large circle.

Have a playlist of upbeat music.

How to Play the Game

Explain to students that they will have to choose a number to stand on. When the music starts they have to walk counter clockwise on the circle. When the music stops, they must stop on the number that they are standing on. The leader will call out a number, and whoever is standing on that number is out. You can reuse all the numbers for each round. This makes it more interesting and more of a mystery to the students. With the numbers only being 1-5 there are going to be multiple people that will be out each round. Whoever is left standing is the champion of Bunny Hop Drop!

After the game, say:

Isn't it fun to get to hang out with your friends and simply be goofy? Being together with a group of friends or family is called fellowship. When we accept Christ into our lives we are now a part of the body of Christ. We are children of God. We are called to love each other. This is what Christ instructed the disciples to do before he was crucified.

"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another." John 13:34 (ESV)

Decorate the Human

Bible: "For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope." Jeremiah 29:11 (ESV)

Object: The object of this game is to remind the students that God is the Creator, and He has perfect plans for each of us. He had a perfect plan to send His one and only Son Jesus to die for our sins. Jesus overcame sin and overcame death. He defeated sin and death so that we may have eternal life.

Supplies

- Multiple colors of crepe paper per group
- Tape
- Scissors
- Glue

Preparation

Give each team their different colors of crepe paper

How to Play the Game

Explain to students that they will be divided into groups of 6-8. The goal for this game is to have one volunteer from each group be decorated by their team. The team with their human covered the most and the most creatively wins!

After the game, say:

Each of us has a purpose for God's kingdom. God has a hope and a future for each of His children. Sometimes His plans are not our plans. His plan for each person is unique and different.

It says in Jeremiah 29:11, "For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope."

God wants good things for His children. Give God thanks today that He has ordained your steps and that He has a future and a hope for your life!

Easter Story Guess Who?

Bible: "For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart." Hebrews 4:12 (ESV)

Object: The object of this game is for the students to help memorize different people and important things from the Easter story. This is a great way for them to retain information from the Easter story and it's fun for them too!

Supplies

- Print cards with people/things from the Easter Story (Jesus, Disciples, Mary, Roman Soldiers, 30 silver coins, Pilate, Mary Magdalene, Simon from Cyrene, Tomb, Cross, Sin, Torn Curtain of the temple, Angel, chief priests and Pharisees)
- Masking Tape

Preparation

- Print out cards with people and things from the Easter Story (enough for 6-8
 people in each group), then set stacks of 12-16 cards face down on the floor in
 various parts of the room.
- Put masking tape on each card for each group

How to Play the Game

Explain to students that they will be divided into groups of 6-8 and that each group will have to go and sit by a stack of cards. Without flipping the cards over they will each have to choose one card and put in on their foreheads. Using only yes or no questions, they each have to guess what card is on their foreheads.

After they have all gone through the cards they can restart the game and grab a new card.

The purpose of this game is to help you remember some important facts about the Easter story. It's important for us to spend time in the word of God.

Scripture tells us, "For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart." [Hebrews 4:12 (ESV)]

It's important for us to spend time in the Word because it gives us truth in our thoughts and our intentions. This week make it a goal to spend at least 3 times with God by reading the Bible and praying.

Egg Ball

Bible: "I can do all things through Him who strengthens me." Philippians 4:13 (ESV)

Object: The object of this game is for the students to aim their focus. Explain to students that if we keep our focus on Christ, He is the one that helps us succeed in life. We might have to endure the hardships of this world but Christ is always with us.

Supplies

- 1-2 full trash bags of blown up balloons per team (pick two different colors of balloons)
- Masking Tape

Preparation

- Tape a line down the middle of the room
- Put the blown up balloons on either side of the line

How to Play the Game

Explain to students that they will be divided into two teams. Each team will have to stand on either side of the tape. The teams will then throw their balloons on the other team's side. The team with the least amount of balloons on their side wins the game!

After the game, say:

In this broken world we will endure hard times, but God promises that through Christ we can do anything!

I can do all things through him who strengthens me. [Philippians 4:13]

When hard times come our way, we need to keep our eyes focused on Jesus. We can overcome any obstacle this world will bring. Today your team will try to overcome together by having the least amount of balloons on your side of the room.

Egg in the Hole

Bible: "Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing." James 1:2-4 (ESV)

Object: The object of this game is for the students to think about how Jesus endured the pain and hardship on our behalf so that we may spend eternity with Him in Heaven. This game is pretty hard and is going to be tough. Encourage your team mates and think about how Jesus overcame the impossible for you.

Supplies

- Multiple ping pong balls per team
- Ping Pong Paddles
- 5 Cups with numbers 1-5 on each cup
- Masking Tape

Preparation

- Tape down a starting line for each team
- Place each cup in order. Cup 1 is the closest and Cup 5 is the one furthest away.
- Give each team multiple ping pong balls

How to Play the Game

Divide students into groups of 6-8. Give each team their ping pong balls and paddles. Explain to students that each member on their team has to hit a ping pong ball into each of the five cups using only the ping pong paddle. After their team has hit all of the balls into their cups, they have to sit down. The first team to complete the toss and sit wins the game!

When we think about all that Jesus endured for us it can be overwhelming. He took the weight of the world on His shoulders. We endure hardships in this world. Christ didn't say it was going to be easy but He did promise that we would never be alone. In the following scripture we hear from James and he explains that when we face trials of this world we need to evaluate and make a commitment to seek joy in all circumstances.

"Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing." James 1:2-4 (ESV)

Fill that Easter Basket Relay

Bible: "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge Him, and He will make straight your paths." Proverbs 3:5-6 (ESV)

Object: The object of this game is for the students to realize how they need to walk steadily with God. If we try to get in front of God or try to hurry God up, it doesn't work out well for us. The best way to walk steadily with God is to continue to focus on Jesus and keep our eyes on Him.

Supplies

- 20-30 Plastic Easter Eggs per team
- One Plastic spoon per person
- One Easter basket per team
- Masking Tape

Preparation

- Tape down a starting point for each team.
- Pass out one plastic spoon per person.
- Put one Easter Basket for each group on the other side of the room.

How to Play the Game

Explain to students that they will be divided into teams and each team's goal is to put the handle of the spoon in their mouth and to put the egg onto the spoon. Once on the spoon, they are not allowed to touch the egg with their hands. They are to very carefully go to their team's basket and dump the egg into the basket. If their egg misses the basket, they have to pick up the egg with their hands and run all the way back and start over. The first team to get all of their eggs into their team's Easter basket wins!

The purpose of this game is to remind us that we have to trust God with all of our hearts. We are fragile and easy to break, but God always has us in His hands. He is much more careful with us than we are with the eggs.

It says in scripture: "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge Him, and He will make straight your paths." Proverbs 3:5-6 (ESV)

Isn't that amazing that the God of the universe directs our paths and he guides us? We simply have to trust Him and seek Him with all of our heart.

Guess How Many Jellybeans

Bible: "And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you." Psalm 9:10 (ESV)

Object: The object of this game is for the students to attempt to guess how many jellybeans are in the giant jelly bean filled container. The disciples never realized how much that Jesus would one day endure for them. Jesus told them exactly what was going to happen. Not only did they not know that He was going to die for them, they could not have even dreamed about the torture and pain that He would endure for them, as well. But Jesus knew. He knew everything and every moment that He was going to have to endure. He gladly did it for everyone because He loves us. We know that there are jelly beans in the jar but we don't know how many and what kind of jelly beans there are inside the container. We will find out!

Supplies

- Big bags of jelly beans (any kind)
- 2-3 Different shaped large glass jars with lids
- Small sheets of paper
- · Pens or pencils

Preparation

Fill each jar with as many jellybeans as it can hold

How to Play the Game

Explain to students that they will each be given a chance to guess how many jelly beans are in each jar. They will write their name and their guess of quantity of jelly beans on a sheet of paper and hand it to a leader at each jar. The student that has the closest guess wins the jar of jelly beans!

Jesus told the disciples exactly what was going to happen to Him. He told them that one day He was going to lay down His life for all mankind to be free from sin and death forever. The disciples had to trust Him completely, and they understood that what He said was truth.

Sometimes it can be hard to trust in someone and it can be hard sometimes to trust God. But know this, Christ came and died to free you. He endured all of the world's sin so that we can be free. He died a death we deserved and lived a life we could never live. Even when life is hard, we need to remind ourselves that Jesus overcame death. He can help us overcome anything in this world.

"And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you." Psalm 9:10 (ESV)

Human Easter Egg

Bible: "But He was pierced through for our transgressions, He was crushed for our iniquities; the chastening for our well-being fell upon Him, and by His scourging we are healed." Isaiah 53:5 (NASB)

Object: The object of this game is for students to learn the reason why Jesus came to die for us by using a white t-shirt to represent Jesus, and dye to represent us and our sins.

Supplies

- White t-shirts (Make sure to get student's t-shirt sizes in advance)
- T-shirt dye (Yellow, red, blue, orange, purple)
- Rubber bands
- Large Black Sharpies (1 per student)
- Tarps
- Somewhere to hang t-shirts when they are done so that they can dry
- Plastic gloves

Preparation

- Tell students to write their names on the front of their t-shirts with the large black sharpies.
- Give each student gloves and their t-shirts and instruct them to rubber band their t-shirts in any way that they want to prep their t-shirts for tie-dying.
- Set out tarps.
- Buckets of tie dye should be set out on tarps and leaders should sit by each bucket so that dye won't get everywhere.

How to Play the Game

Explain to students that they will be given white t-shirts, which represent Jesus who was clean and without sin. The dye represents us who are full of sin. The rubber bands represent the hard things that we will go through on this earth. Tell students to twist and roll their t-shirts whichever way they want. Everyone's shirt will be different. Have students dye their t-shirts after they are rubber banded. After each student is done dying their t-shirt, have a leader be in charge of hanging the t-shirts up to dry. Then have students look at the t-shirts that are hanging to dry and have them tell you the differences between all of the t-shirts. Explain to students how we all are different, and that Jesus died for each one of us.

"But He was pierced through for our transgressions, He was crushed for our iniquities; the chastening for our well-being fell upon Him, and by His scourging we are healed." Isaiah 53:5 (NASB)

You see, even though we are full of sin Jesus had us on His mind. Even with the troubles that we face in this world, He is with us. He makes our "mess" our message. Even though we are sinful, through Christ we are made new, and we can tell others about what Jesus has done for us.

After the game, say:

"But He was pierced through for our transgressions, He was crushed for our iniquities; the chastening for our well-being fell upon Him, and by His scourging we are healed." Isaiah 53:5 (NASB)

Christ was pure as snow; He was without sin. He came to earth to save us and to take our sins on His shoulders. His body was crushed for us so that we may spend eternity with Him. When you wear your t-shirt take an opportunity to share Jesus with someone. Explain to them how Jesus was without sin and He died for them and tell them how He came into your life.

This game's purpose is to provide you all with a tool to tell others about the God we serve and love.

Jelly Belly Spin Off

Bible: "If you love me, you will keep my commandments." John 14:15 (ESV)

Object: The object of this game is for the students to sit in groups of 6-8 and they will spin the Jelly Belly spinner and each color/flavor of jelly bean represents a different command that they have to do. This game can be pointed back to the fact that Jesus came to die on the cross for our sins because He loves us. Jesus often spoke on being obedient to God and obeying His commands.

Supplies

- Twister Game Spinner with Jelly Belly Flavors printed and taped onto the spinner (go to www.jellybelly.com for a list of flavors)
- Bowl of Jelly Belly Beans (1 per group)
- Dry Erase Board or Poster Board

Preparation

- Set out 1 bowl of jelly belly beans per group
- Set out 1 Jelly belly spinner per group
- Dry Erase Board or Poster Board with commands written down for students to see what they have to do for each flavor of Jelly Bean

How to Play the Game

Explain to students that they will be put into small groups with the Jelly Belly Spinner in the middle of their circle. Each color represents a different command that they have to follow. Just like Jesus says in John 14:15, "If you love me, you will keep my commandments." Students are also allowed to collect and eat the jelly beans after they are done spinning.

List of commands (leader can choose which flavors they want to use):

- Sing "Jesus Loves Me" in a minion voice from Despicable Me.
- Pat your head and rub your stomach 20 times.
- Do 10 jumping jacks.
- Give 10 people high fives within the classroom.
- Stare at someone in the room very awkwardly for 15 seconds without saying anything.
- Rap about God for 20 seconds.
- Yell loudly, "I like stinky armpits!"
- Stand up and show your best dance moves.
- Smell someone's shoe/foot in your group.

After the game, say:

John 14:15 says, "If you love me, you will keep my commandments."

Jesus reminds us in this scripture that we are to listen to the Holy Spirit and obey God's commands. When Jesus is saying this, He is telling His disciples and all believers that we will find comfort from God's blessings through obedience as opposed to the world's temporary pleasures. He is also giving us a sweet reminder that even though He would die, we would never be alone because we would always have the Holy Spirit to guide us.

How are you going to obey God this week? Even though you might not be going around yelling to the world, "I like stinky armpits!" God might have you go talk to that kid that sits alone at lunch. Be obedient to what God wants you to do. Be obedient to your parents and teachers. Be an example of what Christ's love does in your life.

Lost and Found Easter Egg Puzzle

Bible: "For the Son of Man came to seek and to save the lost." Luke 19:10 (NIV)

Object: The object of the game is for the "Lost Group" to find and put together a scripture hidden within several eggs that leads them to discover that Jesus comes to find and save them.

Supplies

- 17 Easter eggs
- Luke 19:10 printed on paper. The verse needs to be broken down so that one
 word of the verse will go in one egg and the lost students have to put the puzzle
 together; For/the/Son/of/Man/came/to/seek/and/to/save/the/lost/Luke/19/:/10
- Bible

Preparation

Print verse and stuff into Easter Eggs.

How to Play the Game

Explain to students that they will be divided into two groups. One group will be the "Lost Group" and the other group will be the "Found Group." The "Lost Group" will step out of the room or face a wall with their eyes closed so that they can't see the "Found Group" hiding the Easter Eggs within the room.

When the "Found Group" is done hiding the Easter eggs then the "Lost Group" will then have 5-10 minutes to find all 17 Easter Eggs. Then they must open each egg and put the verse puzzle together. Once they have correctly assembled the verse, the teams will reverse roles. The "Lost Group" will be the "Found Group" and will hide the eggs for the new "Lost Group." Each group can use a bible to help them put the verse together.

When trying to find an Easter eggs, how did you feel? How do you think God feels when someone who was lost becomes found? He rejoices! All of Heaven rejoices! We too should feel excited and rejoice when someone chooses to follow Jesus.

"For the Son of Man came to seek and to save the lost." (NIV)

Jesus' reason for coming and dying on a cross was to seek and to save the lost. How amazing our God is! This week think about how all of Heaven rejoices when one person gets saved. What if you could be a tool for God and invite a friend to church? What if you could tell someone about Jesus through your words and through your actions?

Musical Easter Skit

Bible: "And above all these put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, kind word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him." Colossians 3:14-17 (ESV)

Object: The object of this game is for the students to get into groups of 6-8 and for them to create an Easter skit by using only music. This game is a great visual for students to show the other students the Easter Story in a new and creative way. The song will tell the story and the students will act out the song.

Supplies

- Song choice examples:
 - 1. Skillet "Savior"
 - 2. Chris Tomlin "I Will Rise"
 - 3. Nicole C. Mullen "My Redeemer Lives"
 - 4. Newsboys "You Are My King"
 - 5. Nicole Nordeman "Why"
- Stage for students to perform their Easter Skit
- Candy for the winning team

Preparation:

Download the choices of songs that you wish your students to use with their skit

How to Play the Game:

Explain to students that they will be divided into groups of 6-8 and they will be given a certain amount of time to come up with a skit for Easter. The condition is that they can't use any words during the skit. They must depend upon only their acting and the lyrics of the song to tell the Easter story. You can make it a competition for the students to vote on their favorite skit. The winning team will receive candy!

After the game, say:

Tell the students that are several ways that people can worship God and tell the world what He has done. We can worship God through being thankful and giving Him praise through prayer, songs, art, drama, dance, or merely just talking with a friend. In every area of our lives, we can worship God. Here's a great verse that talks about what it means to worship God:

And above all these put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, kind word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him.

Colossians 3:14-17 (ESV)

Today we are going to worship God through skits by using only music to explain the Easter story.

Peeps Stack up

Bible: "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear." Ephesians 4:29 (ESV)

Object: The object of this game is for the students to work as a group to make the largest Peeps tower in the class! This game can be pointed back to the disciples and how they often had to work together to encourage one another. When Jesus was crucified it was a hard time on the disciples. Some of them ran out of fear; some were feeling lost and confused; some felt anxious; and one deceived. But once Jesus rose again, they came together, encouraged one another, and lived the rest of their lives by preaching the word of God and teaching others about Jesus. All of them (except Judas) even gave up their lives for the cause of Christ.

Supplies

- Peeps (5-10 packages per group)
- Butcher paper or plates

Preparation

- Set out packages of peeps for each small group.
- Set out butcher paper or plates for each small group to have an area to do the game without leaving a big mess!

How to Play the Game

Explain to students that they will be put into small groups. Each small group must work together to build the biggest tower of peeps! Explain to students that just as their towers must have a strong foundation in order for their peep tower to be successful, we have to have a strong foundation in Jesus in order for us to live our lives on earth. The importance of having a strong foundation is to understand and to know what Jesus did for each of us.

The purpose of this game is to work together and encourage one another.

Ephesians 4:29, "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear." Ephesians 4:29 (ESV)

When we think of this scripture I want you to think about how you acted towards others in your group. Did you encourage one another? Did you say positive things to one another? Did you build your foundation strong by being a Christ-like example to others in your group? This week think about your words before you speak to others. Are your words giving life or death? Are you building others up or tearing them down?

Squish the Eggs

Bible: "No temptation has overtaken you that is not common to man. God is faithful, and He will not let you be tempted beyond your ability, but with the temptation He will also provide the way of escape, that you may be able to endure it." 1 Corinthians 10:13 (ESV)

Object: The object of this game is to remember why God sent Jesus to die for us. He sent His one and only Son to die for us to defeat Satan, sin, and death.

Whenever the students squish the eggs, tell them that just as they squished the eggs, Jesus squished sin and overcame the world.

Supplies

- Balloons
- Music

Preparation

- Blow up several balloons and scatter them throughout the room.
- Provide a fun upbeat music playlist.

How to Play the Game

Explain to students that when the music starts they have to hop around the room, and when the music stops, they have to squish one egg (balloon) without using their hands. Continue the game until all the eggs are squished!

Just like Jesus defeated sin and death forever, you will defeat the eggs in the room! When squishing the eggs in the room, I want you to think about this verse:

"No temptation has overtaken you that is not common to man. God is faithful, and He will not let you be tempted beyond your ability, but with the temptation He will also provide the way of escape, that you may be able to endure it." 1 Corinthians 10:13 (ESV)

Jesus overcame sin. God will always provide you a way out of the temptations of this world. You have to make a choice in your life to choose the sin or choose Jesus.

Ultimate Egg Drop Challenge

Bible: "Casting all your anxieties on Him, because He cares for you." 1 Peter 5:7 (ESV)

Object: The object of this game is to remind students that even though we are fragile and can break easily, God always is there to catch us. He is always beside us, above us, below us, around us and nothing can separate us from His love.

Supplies:

- Feathers
- Cloth
- Cotton
- One Plastic egg with bolts or pennies inside of it per group
- Paper
- Rolls of Toilet Paper
- Fun up beat music playlist

Preparation:

- Give a little bit of each of the supply items to each group.
- Give one plastic Easter egg filled with bolts or pennies to each group.
- Play fun upbeat music

How to Play the Game

Explain to students that they will be divided into small groups of 6-8. Their group has to create something soft for their Easter egg to land on. When the music starts they can start building and creating a safe place for their egg. When the music stops they have to stop. Have a leader stand in front of each group's safe place for their eggs. Have each leader then drop each egg onto their safe place and whichever group's egg doesn't crack or beak wins!

God is our safe place; He is always there for us. Even though we feel alone at times, we are never alone. God is our strength when we are weak; He is our voice when we can't speak; and He's our eyes when we can't see. He is our everything. He is to be rejoiced always because of His love and sacrifice for us.

The Bible tells us to lay our fears and anxieties on Christ because He cares for us. He cares about everything that concerns us. We simply need to trust in Him completely with our whole heart.

"Casting all your anxieties on Him, because He cares for you." 1 Peter 5:7 (ESV)